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Remimeo

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THE TECHNICAL BREAKTHROUGH OF 1973!

THE INTROSPECTION RD

(Steps of list 1 to 17  
are subject to possible correction.)

I have made a technical breakthrough which possibly ranks with the major discoveries of the Twentieth Century. It is certainly the greatest advancement of 1973 and is now being released after a final wrap up of research. It is called the Introspection Rundown.

The purpose of the Introspection RD is to locate and correct those things which cause a person to fixate his attention inwardly, on himself or his bank. This RD extroverts the person so that he can see his environment and therefore handle and control it.

RESEARCH

In 1970 the actual cause of PSYCHOSIS was isolated (as given in HCO B C/S Series 22 Psychosis, 28 November 1970). In the ensuing years this has been proven beyond doubt to be totally correct.

But what is a psychotic break?

Man has never been able to solve the psychotic break. In fact, human beings are actually afraid of a person in a psychotic break and in desperation turn to psychiatry to handle.

Psychiatry, desperate in its turn, without effective tech, resorts to barbarities such as heavy drugs, ice picks, electric and insulin shock which half kill the person and only suppress him. The fact remains there has never been a cure for the psychotic break until now.

The key is WHAT CAUSED THE PERSON TO INTROSPECT BEFORE THE PSYCHOTIC BREAK.

The breakthrough was made on a person who, after a series of wrong indications went into a full-blown psychotic break--violence, destruction and all.

The psychiatrist at this point would have sharpened up his ice pick, filled his syringes with the most powerful (and deadly) drugs he could find and turned up the volts. His "handling" would have been a final destruction of the individual.

What was done was an auditor went into the room, sat the person down and corrected the last severe point of wrong indication. Subsequent times of wrong indication in his life were cleared up, the person came out of the psychotic break and into p.t.

THIS MEANS THE LAST REASON TO HAVE PSYCHIATRY AROUND IS GONE.

The psychotic break, the last of the "unsolvable" conditions that can trap a person has been solved.

And it's quite simple, really.

### THEORY

Def. INTROSPECTION: "(L. from *introspectere*, to look within) a looking into one's own mind, feelings, reactions, etc.; observation and analysis of oneself." Webster's New World Dictionary.

Def. INTROVERSION: "(from *intro-* L. *vertens*, to turn) 2. ...a tendency to direct one's interest upon oneself rather than upon external objects or events." Webster's New World Dictionary.

The essence of the Introspection RD is looking for and correcting all those things which CAUSED the person to look inward worriedly and wrestle with the mystery of some incorrectly designated error. The result is continual inward looking or self-auditing without relief or end.

In a normal person this becomes a diminished activity, unhappiness or illness. In an R/Ser this becomes insanity and a psychotic break occurs at the last severe point of wrong indication.

### AUDITOR TRAINING

Auditors selected to do this RD must have recently done a HARD TRs Course and the Anti-Q&A materials.

They must be able to recognize a ROCK SLAM, which is a particular E-meter phenomenon. They must be Class IV Expanded Dianetics auditors of proven skill on routine cases. They must not themselves be R/Sers. (The last requisite is waived in a self salvage co-audit group where all R/S.)

They need flawless TRs, no Q&A. This Rundown is very simple but cannot be flubbed, as that will compound the errors and cause further introspection in the pc. It is better not to deliver this RD than to flub any part of it. C/Ses take note. It is an Ethics Offense to attempt this Rundown without the auditor having done the prerequisite training and a further offense for an auditor to flub on it.

STEPS OF THE RD

(On a normal person do Steps 000, 0000, 00000 and 000000.)

0. On a person in a psychotic break isolate the person wholly with all attendants completely muzzled (no speech). \_\_\_\_\_
00. Give Vitamins (B Complex, including niacinamide) and minerals (calcium and magnesium) to build the person up. \_\_\_\_\_
000. Locate by study or research of the person's case or via associates or 2 way comm the latest point of introversion which will be just at the beginning of the current psychotic break. \_\_\_\_\_
0000. Indicate the substance of it to the person to release the By-Passed Charge. \_\_\_\_\_
00000. Indicate and handle the point of introversion and its chain. (Indication by itself can be a separate step before auditing.) \_\_\_\_\_
000000. Continue the RD as below. \_\_\_\_\_
  1. Verify/correct all L&N lists if not already done correctly. \_\_\_\_\_
  2. Verify/correct all Why Finding, 3 May PL's, PTS Interviews, etc. (See C/S Series 78.) \_\_\_\_\_
  3. Word Clear the definitions of "Introspection," "Introversion" and "Extroversion." \_\_\_\_\_
  4. Trace back the chain of being told his purposes were incorrect. To F/N Cog VGIs. \_\_\_\_\_
  5. Trace back the chain of being "told" he had purposes that he didn't actually have. To F/N Cog VGIs. \_\_\_\_\_
  6. Trace back the chain of being asked for things that didn't exist. To F/N Cog VGIs. \_\_\_\_\_
  7. Trace back the chain of someone saying W/Hs existed that didn't. To F/N Cog VGIs. \_\_\_\_\_
  8. Trace back the chain of not having his witholds accepted. To F/N Cog VGIs. \_\_\_\_\_
  9. Trace back the chain of someone accusing him of something he hadn't done. To F/N Cog VGIs. \_\_\_\_\_
  10. Trace back the chain of accusing himself of things he hadn't done. To F/N Cog VGIs. \_\_\_\_\_

11. Trace back the chain of being heavily invalidated for something he didn't do. To F/N Cog VGIs. \_\_\_\_\_
12. Trace back the chain of being validated for something he knew was wrong. To F/N Cog VGIs. \_\_\_\_\_
13. Trace back the chain of being told he was PTS when he wasn't. To F/N Cog VGIs. \_\_\_\_\_
14. Trace back the chain of being interrogated for no reason. To F/N Cog VGIs. \_\_\_\_\_
15. Trace back the chain of being told he was someone he wasn't. To F/N Cog VGIs. \_\_\_\_\_
16. Trace back the chain of not having his actual identity believed. To F/N Cog VGIs. \_\_\_\_\_
17. Objective Havingness to F/N. \_\_\_\_\_

At any time after Step 2 Objective Havingness should be done at session end. If one of the chains in Steps 3-15 turns out to be false the pc will introvert further. In such a case indicate the fact of it having been unnecessary and get an F/N. Then run Objective Havingness. If the TA goes high (or low) and won't come into range, assess a C/S 53RF and handle.

In the case of a pc in a psychotic break, the C/S would have to locate the last severe wrong indication, indicate the fact to the pc and get it corrected (as with a wrong item) as the first action.

### EXTROVERSION

Def. EXTROVERSION: "...Means nothing more than being able to look outward. ..." "An extroverted personality is one who is capable of looking around the environment. ..." "A person who is capable of looking at the world around him and seeing it quite real and quite bright is of course in a state of extroversion." (Problems Of Work.)

The end phenomena of the Introspection RD is the person extroverted, no longer looking inward worriedly in a continuous self-audit without end.

The EP on a person in a psychotic break is the end of the psychotic break.

The RD is very simple and its results are magical in effectiveness. Flubs can wreck it so don't permit them.

You have in your hands the tool to take over mental therapy in full. You need not fear the insane or the psychotic break any longer.

Here also is the cure for the continual self-auditing pc

who is dug into his bank. It works on all pcs in fact with  
rave results.

Do it flawlessly and we all win.

THIS PLANET IS OURS.

L. RON HUBBARD  
FOUNDER

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